

CLUB	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Chiswick Arts Centre		6:30-7:30pm Juniors 7:15-8:30pm General pm Teensagers		6:30-7:30pm Juniors 7:15-7:45pm Junior Sparring 7:30-8:30pm Kata	7:15-8:30pm Black Belt Class		9:30-10:30am Children 10:30-11:30am Basics 11:30-12:30am Sparring
Dover Kings Hall		6.30-7.30 Children 7:30-8:45 Adults Black Belt		6.30-7.30 Children 7:30-9:00 Adults			
Fulham St. Michaels	5:00-6:00pm Blue+ Juniors 6:00-7:00pm Womens & Girls 6:00-7:00pm Yaku/Kihon 7:00-8:00pm General 8:00-9:00pm Black belt	5:00-6:00pm Blue+ Juniors 6:00-7:00pm Womens & Girls 6:00-7:00pm Yaku/Sparring 7:00-8:00pm General 8:00-9:00pm Black belt	5:30-6:30pm Beginners 5:30-6:30pm Blue +		5:30-6:30pm General Class		9:00-9:50am Super Kids 9:00-10:00am Womens & Girls* 10:00-11:00am Kata 11:00-12:00 Sparring *2nd Sat only
High Wycombe Area							
a) Hughenden			6:30-7:30pm Children 7:30-9:00pm General				
b) Kingshill					6:30-7:30pm Children 7:30-9:00pm General Black Belts: wk 1-Shodan;wk2-Nidan; wk3-Sandan		
c) Lacey Green		6:30-7:30pm Children 7:30-9:00pm General					
d) Tylers Green	9:30-10:30am Adult Class 10:30-11:30am Children			6:30-7:30pm Children 7:30-9:30pm Adult Class			9:30-10:30am Children Yellow+ 9:30-10:30am Sparring
e) Fairford Leys				6:30-7:30pm Children 7:30-9:00pm General			